

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Januarius Bart

Coaches: Iannino David HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14 Heat:2, starttime: 14:33

Heat: 2/17 Lane : 5 Athlete: WIELEMAN ROBBE					Q-time: 02:49:48
PB (50m pool): 02:49.48 Gent 08/02/2026			PB (25m pool): 02:45.10 SB: 02:49.48 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.95	01:23.11	02:11.49	02:49.48	
	00:37.95	00:45.16	00:48.38	00:37.99	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 Heat:5, starttime: 14:43

Heat: 5/17 Lane : 7 Athlete: VANDERGUCHT JONAS					Q-time: 02:46:78
PB (50m pool): 02:51.51 Gent 08/02/2026			PB (25m pool): 02:46.78 SB: 02:51.51 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.79	01:23.94	02:13.17	02:51.51	
	00:36.79	00:47.15	00:49.23	00:38.34	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14 Heat:11, starttime: 15:03

Heat: 11/17 Lane : 1 Athlete: LESCRAUWAET MAX					Q-time: 02:37:68
PB (50m pool): 02:43.73 Antwerpen 20/07/2025			PB (25m pool): 02:37.68 SB: 02:44.25 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.12	01:20.44	02:06.37	02:43.73	
	00:37.12	00:43.32	00:45.93	00:37.36	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 13-14					Heat:15, starttime: 15:15
Heat: 15/17 Lane : 6 Athlete: VANOLANDE THIBAUT					Q-time: 02:32:12
PB (50m pool): 02:32.12 Aalst 26/04/2026			PB (25m pool): 02:27.25 SB: 02:32.12 Aalst 26/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.51	01:09.20	01:57.41	02:32.12	
	00:30.51	00:38.69	00:48.21	00:34.71	
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:3, starttime: 15:35
Heat: 3/14 Lane : 3 Athlete: TIELEMANS WOLF					Q-time: 01:16:38
PB (50m pool): 01:16.38 Antwerpen 15/03/2026			PB (25m pool): 01:20.28 SB: 01:16.38 Antwerpen 15/03/2026		
	5 0 M	1 0 0 M			
PB	00:36.90	01:16.38			
	00:36.90	00:39.48			
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:10, starttime: 15:48
Heat: 10/14 Lane : 6 Athlete: LOUCKX TIM					Q-time: 01:09:95
PB (50m pool): 01:09.95 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 01:09.90 SB: 01:09.95 Lago Gent Rozebroeken 03/05/2026		
	5 0 M	1 0 0 M			
PB	00:33.24	01:09.95			
	00:33.24	00:36.71			
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:2, starttime: 17:29
Heat: 2/8 Lane : 1 Athlete: VANDERGUCHT JONAS					Q-time: 01:04:52
PB (50m pool): 01:04.52 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 01:05.18 SB: 01:04.52 Lago Gent Rozebroeken 03/05/2026		
	5 0 M	1 0 0 M			
PB	00:30.56	01:04.52			
	00:30.56	00:33.96			
					

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 13-14							Heat:7, starttime: 17:37		
Heat: 7/8 Lane : 5 Athlete: VANOLANDE THIBAUT							Q-time: 00:59:23		
PB (50m pool): 00:59.23 Antwerpen 08/03/2026							PB (25m pool): 00:58.47 SB: 00:59.23 Antwerpen 08/03/2026		
	5 0 M		1 0 0 M						
PB	00:28.34		00:59.23						
	00:28.34		00:30.89						
									

Coach feedback:

Event number: 29: 4x100M MEDLEY MEN 11-12						Heat:1, starttime: 18:00		
Heat: 1/2 Lane : 5 Athlete: TEAM STZ 1						Q-time: 05:54:42		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 31: 4x100M MEDLEY MEN 13-14						Heat:1, starttime: 18:31		
Heat: 1/2 Lane : 6 Athlete: TEAM STZ 1						Q-time: 05:11:63		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: